



FASTBALL Demo Games

Elk Grove, CA – The United States Fastball Association (FASTBALL) has announced a plan to make Co-Founder, and Fastball developer, Val Lewis (Fastball Ambassador), available to travel to areas of the United States to assist local towns and cities in holding Fastball demonstration games during 2010. Val will be available to interview/select local league Presidents and Tournament Directors, instruct local ASA umpire associations in the rules and nuances of the game, and help conduct the daytime and/or evening fastball demonstration games. It is recommended that up to six teams be invited to play in each session and that multiple towns and cities be organized on successive days/nights from Monday through Saturday in order to maximize the effectiveness of the program. Each team should come equipped with standard baseball equipment such as cleats, gloves, mitts, batting helmets, catcher's gear, and wood bats. It is also suggested that each player participating in the demonstration games pays a nominal \$10 fee to cover the cost of the fields, umpires, insurance, and to reimburse Val's travel and lodging costs. Fastball will furnish the balls and a wood bat from sponsor Haag Bat Co. for each game. The organizers should arrange for fields with 65 foot bases, pitching plate at 60 feet, umpires, and local media coverage.

Val has played/coached competitive baseball and/or fast pitch softball for over 60 consecutive years. He played in the first Little League formed in Sacramento, CA in 1952, and since then has played Babe Ruth, High School varsity, American Legion, and College ball at U.C. Berkeley. After college he coached his four sons over a 25 years period along with assisting with a High School coaching position for 2 years, played fast pitch softball, and founded the Sacramento Men's Senior Baseball League (MSBL) in 1984. Val is still an active player in the Sacramento League and teams he has played on have won 15 National MSBL titles. He is a member of the MSBL Hall of Fame, the MSBL World Series Hall of Fame, and the Sacramento MSBL Hall of Fame. He developed the game of Fastball with his sons and co-founder Steve Sigler (President of MABL/MSBL) to bring this modified "baseball" game to local softball fields so that players of all ages and abilities can enjoy the game of their youth.

To arrange for Val to visit please contact him at: vlewis@usfastball.com or 916-685-5358